



DOLPHIN LANE LINES

Volume 9, Issue 2

May 31st, 2011

Round Rock Dolphins Swim Team
www.rrdolphins.org

Swim Schedule:

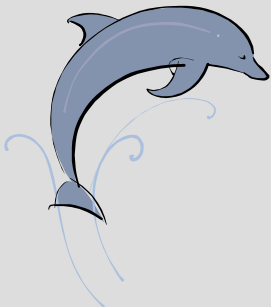
MORNING PRACTICE TIMES

6:30-8:00 am
13 and Up

8:00-9:15 am
9-12 Yr. olds

9:15-10:00 am
8 and under

***Do not forget to
check the lost and
found bin for items
left behind at
practices and swim
meets.***



Coach Tom's Corner

Dolphins,

What a great first meet! We started the season off on a terrific note last Saturday with a very impressive meet against Pflugerville. The number of time improvements and bingos were through the roof and it is only the beginning of the year. Those improvement ribbons will keep on showing up in your files – just keep practicing hard and listen to your coaches for tips on how to improve. Special congratulations go out to our new Dolphin record holders after this past weekend's meet. Cassie Phillips – in the 25 fly and the 11-12 girls 100 free relay team of Catherine Fanous, Hope Scherger, Ashleigh Thompson and Cassie Phillips. Dolphin records are always tough to break and these girls had some amazing swims this past weekend. Congratulations to all Dolphins on a fantastic meet.

Dolphathon is this Thursday!!!! We are going to conduct Dolphathon a little differently this year. Even if your family opted for the buy-out instead of swimming laps to raise money, we still want every Dolphin to come to practice. The theme for the Dolphathon is "Heroes" so come dressed as your favorite hero. This could be anyone you consider a hero – superheroes, princesses, sports stars, the president, famous mathematicians – the list is endless!!! There will be a lot of smaller prizes for swimmers upon completion of a certain amount of laps and for best costumes and larger prizes such as being able to help out and become a "coach for a day" or getting to ride to the first away meet with the coach of your choice. There will even be a special coach's relay at 9:15 in-between the two practices – you don't want to miss it. Hope to see everyone at Thursday's Dolphathon.

Remember that Tuesdays will be the deadline to sign up for the weekend's meet - Please don't forget. There is also a drop down menu right next to your swimmer's name. Although the default says "will not be swimming this meet", if you pull down the menu, it gives you additional choices such as "not swimming early relays, late relays or all relays". If you know that your child will be showing up late or leaving early, please mark this button to help us determine relays for the meet.

Several new parents have asked about stroke clinics. Basically, a stroke clinic is an outside lesson offered by one of our great coaches. If you feel that your child would benefit from a little extra help on the side, you may want to consider a clinic for them. Many people sign up for clinics to either fine tune a stroke or to help learn new ones. Clinics are set up by coaches individually – please see the coach of your child's choice for times and prices. Many coaches have clip boards with their info near the entrance to the pool. If you have any questions, just ask the coach.

Again, great first meet Dolphins and I think the season is just going to get better and better from here on out. Happy summer to everyone, keep practicing hard and having fun and don't forget the sunscreen.

Coach Tom

Upcoming Dolphin Events:

Our next meet with Wells Branch is on Saturday, June 4th. This is another home meet.

Dolph-a-thon is on this Thursday, June 2nd.

Silent Auction:

Thanks to everyone who bid at the first part of the silent auction! It was a big success! The second part of the silent auction will take place during the June 25th swim meet against Steiner Ranch. We have some exciting donations coming in. We will have more information soon!

Dolph-a-thon:

For those who are new to the team, the dolph-a-thon is our annual fundraiser where the kids collect pledges for the amount of laps they can swim during their practice time. This year we will be having fun prizes for the swimmers, as well as awards for the 1st, 2nd, and 3rd swimmers who collect the most money and swim the most laps. And remember, for every \$100 raised, your swimmer is put into a drawing for free registration for next year and for every swimmer who raises \$125.00 or more, they will get a free ticket to Schlitterbahn that can be used within a two week window of our team trip. There is information in your family folders giving more info about the Dolph-a-thon. If you have any questions, please contact Courtney Schultze or Tiffany Phillips.

Please remember to go to <https://rrdolphins.swimtopia.com> to sign up each week for the upcoming swim meets. The deadline is always Tuesday by 6:00 PM.

Meet results have been posted to the website.

Heat sheets will be posted to the website Thursday evenings for the upcoming Saturday meets.

Volunteer Shifts:

Sign in before the meet at the volunteer check in table.

During warm-ups, the volunteer table will be out front in the "tunnel" area. When the meet begins, the table will be near the starter/announcer tent. We had quite a few people who did not check in last week for the practice meet. Remember, each family needs to complete a minimum of 7 shifts before the end of the season. Sign up for volunteer slots is NOT online through Swim Topia - make sure you sign up with your lead.

If you don't know your lead, please contact Christi Waugh at 248-2472 or Annette Pearson at 246-1939.

When you do volunteer, make sure you sign in at the Volunteer Check-In table or you won't receive credit for the shift. Thanks for volunteering!

2011 Coaches

Tom Arredondo

-Head Coach

Mark Parshall

-Assistant Head Coach

Mikah Welch

Brooke Doherty

Nathan Slota

Jessica Cruz

Ashley Smith

Lisa LeBourgeois

Philip Welch

Kelly M.

Kelsie T.

and

Courtney Bouchard

Come to Gatti Land on Saturday after the meet to eat with the coaches!

Go to counter 3 and let them know you are with the Round Rock Dolphins!

They gave a discount for our swimmers!

Swimmers:
12 and under \$4.99
13 and up \$5.99

Adults (parents) \$7.99

Hope to see everyone there!

Did you know that on SwimTopia you can mark your child's absence for the late relays? You can choose relays, events, and mark down if you won't be at the meet. Taking the time to mark these down helps us ensure that relay teams won't get scratched. We'll also get a good idea of how long our meet will run.

President's Perspective

Well, nothing says summer for the Ritthaler family more than swim meets and home renovation! Yes folks, Sunday and Monday found us doing what we love second best: fixing our house. We moved stuff, cleaned stuff up and found a great deal of odds and ends from when the kids were little. In fact, we discovered a much-loved copy of Lily's Purple Plastic Purse. For those of you who don't know this book, it follows the story of Lily and her wonderful purple plastic purse. One of the phrases in the book which both the girls loved was "Wow! Wow was just about all she could say."

I felt the same way about our meet on Saturday against Pflugerville: "Wow!" The meet went so well that it felt like we were mid-way through the season instead of at our first meet and the kids were fabulous! We had a number of Dolphins who made Invitational times, bingos and best of all, we showed really good sportsmanship.

We also had an enormous volunteer turn-out that helped us get the tents set up, start on time and finish on time. Our set-up crew once again were AWESOME. Thank you to all who were not on the tear-down crew who stayed to help. We still need help with tear-down after the meet finishes. Anyone willing, able and energized after the meet is asked to stay and lend a hand. Extra points if you can fold up those big tents that keep our kids from getting heat stroke and/or sunburned.

See you at the pool!

Kara

The Dolph-a-thon is this Thursday! We are all so excited! This year we will be having a theme for the Dolph-a-thon and it is Heroes! Please come dressed as your favorite hero or superhero! Also, come ready with your goal of how many laps you are going to swim (ask the coaches if you need help deciding) and make sure you have your pledge sheet filled out (you will collect your pledges after you swim, you do not need to bring them to the Dolph-a-thon.)

We will have a prize for every swimmer who completes their goal as well as every swimmer will be entered into the raffle to win several great prizes like being coach for a day, picking songs for practice/swim meets, participating in fun relays with the coaches. The swimmers are entered into the raffle for ages 10 and under every time they swim 10 laps, and for ages 10 and up every time they swim 25.

Also, remember for each \$100 you collect, you are placed in the raffle for a free 2012 Dolphin Registration and if you hit \$125 or more, you will receive a free ticket to Schlitterbahn that can be used on the team trip or within a two week window of the trip. We will see you all at the Dolph-a-thon!

ROCK AND DOLPHIN AWARDS

Dolphin - 10 and Under

Jack Dixon

Olivia Thex

Rock - 10 and Under

Marko Vujosevic

Sonya Weeks

Dolphin - 11 and Up

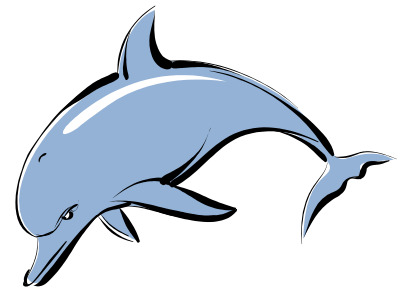
Brian Catozzi

Hope Scherger

Rock - 11 and Up

Zach Dienstbier

Cassie Phillips



BINGOS

Anderson, Matthew
Ardnt, Evan
Bennett, Cassidy
Berry, Makenna
Billings, Alex
Billings, Nick
Cates, Tyler
Catozzi, Aaron
Catozzi, Brian
Cox, Audra
DeBeau, Camryn
Fleetwood, Matthew
Fleetwood, Tommy
Francois, Arthur
Froelich, Ana
Froelich, Carlos
Gonzales, Anthony
Hansen, Jack
Hatch, Harrison
Hertzog, Nick
Hoskins, Emma
Hunter, Brittan
Jarnagin, Gavin
Keist, Alex
Keist, Madeline
Kent, Olivia
Knox, Sarah
Krebsbach, Darby
Loera, Sydney
Manry, Meredith
McCarty, Ryan
McDonnell, Keegan
Mury, Joshua
Myers, Aidan
Pearson, Matt
Phillips, Cassandra
Phillips, Justin
Prieto, Mia
Ring, Phillip
Scherger, Hope
Thex, Olivia
Thompson, Ashleigh
Toney, Juji-Sarena
Vujosevic, Marko
Waiwaiole, Caroline
Waiwaiole, Edie
Weeks, Cassondra
Zwerneman, Jaxon
Zwerneman, London

Awards for 2 Time Improvements and 1 First Time Swim are:

Reagan Blake
Colin Catozzi
Rory Dienstbier
Genna Dudly
Madeline Hartline
Helana Hurtardo
Jake Ritthaller
Thea Sims
Trinity Sims
Sophia Thex

Meet Summary -

349 Time Improvements

Records Set -

Cassie Phillips set Girls 11-12 Fly Record, her time 12.69 broke the record from last year of 12.87

Girls 11-12 Freestyle Relay team of Catherine Fanous, Hope Scherger, Ashleigh Thompson and Cassandra Phillips, new record of 51.31, beat the old record of 52.07 set in 1998.

Mr. Marek, who is Melissa Wheeler's Dad and Gabe Wheeler's Grandpa is 84 and stayed to help after the meet. We caught a picture of him in action as he brought the starting block chairs to the shed. Thanks again Mr. Marek for sharing your time, talent and energy with this great team. We sure appreciate your help and support by cheering us on and lending a hand. You set a fine example for us all.



Thank you to all of our 2011 Sponsors!

*** Stop by and thank our outstanding sponsors for supporting the Dolphins 2011 Season ***

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