



July 8, 2008
Volume 6, Issue 10

Round Rock Dolphin Swim Team
www.rrdolphins.org

Dolphin LaneLines

Coaches Corner

Dolphins,

It's hard to believe that this is the last week of the 2008 Season. It seems like just yesterday that we were all getting back in the water for the first day of practice. It has been a great season, but what really stands out to me when I look at our year is the amount of time improvements we had week after week. I don't think there was a week where we didn't have over a hundred time improvements and some weeks it was in the 200 and 300's!!!! It's great to see so many swimmers dropping time every week but remember, it's not over yet. We still have one last week of practice to work on all the little things that will help us improve our times even more for the Divisional meet. We're up against two very tough teams for Divisionals, but I know the Dolphins can rise to the occasion. Our dual meets with both teams were very, very close so we need everyone to swim their best and bring their Dolphin Spirit to this final meet of the year. Remember you can still get best times and qualify for Invitationals during the Divisional meet. This should be a very exciting meet to finish off our season and we need a strong team effort - remember that every swimmer and every race counts.

Remember to keep both your own goals and your team goals in mind during this last week of practice and at the Divisional meet. Work with your coaches to see what little things you can do to help you improve your time, focus during your event and you will reach your goals. Above all else have fun swimming. Swimmers swim their best when they are relaxed and are having fun. So relax, swim fast and enjoy yourself.

I'd like to thank all of the parents that fulfilled their volunteer duties to make the meets run so smoothly. We always put on a great meet that runs very efficiently and this organization couldn't be what it is without all of the parents that volunteer their time during the season. A special thanks to the board members who put in so much time to make sure that all of the details that make this team so great are attended to. Thank you as well to my fellow coaches - Mark, Catherine, Michael, Mandy, Mikah, Jamie, Luke, Ashley, Kelly and Marcy - who have done an outstanding job working with the kids and helping them achieve their goals this year. As a team, our goals at the beginning of the season are time improvements, showing spirit, swimming fast and having fun and it looks to me like we have accomplished all of them this year. Last but certainly not least, thank you to all of the swimmers that make coaching so enjoyable. Every year all of the coaches look forward to not just coaching but spending time with and getting to know all of our wonderful Dolphin swimmers. Without you guys this team would not be what it is - thank you.

Let's have a great last week of practice and a fantastic Divisional Meet! Have a wonderful and relaxing end of the summer and I hope to see all of you back next year.

Good luck, swim fast and have fun,

Coach Tom



JULY 1st MEET HIGHLIGHTS

Georgetown Meet

Wesley Wheeler lowered his 100 IM record to 55.49

Annie Wang lowered her 25 Back record to 20.63

We had 156 swimmers account for 278 time improvements, 33 swimmers recorded first swims and we had 33 swimmers with Bingos (3 time improvements)

Best Improvements:

| | |
|-----------------------|--------------------------|
| Alex Keist | 11-12 Boys 100 IM, 28.55 |
| Gabby Salzillo | 9-10 Girls 50 Free 28.08 |
| Josh Mury | 7-8 Boys 25 Fly 30.14 |
| Trinity Sims | 6&U Girls 25 Free 16.99 |
| Jenna Hollin | 6&U Girls 25 Free 15.00 |
| Clay Vasquez | 7-8 Boys 25 Back 13.44 |

JULY 5th MEET HIGHLIGHTS

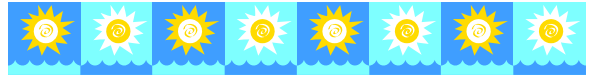
Balcones CC Meet

We won the meet, but the improvements were not as impressive as the Georgetown meet. No records.

We had 118 swimmers account for 165 time improvements, 25 swimmers recorded first swims, but we only had 7 swimmers with Bingos.

Best Improvements:

| | |
|------------------------|---------------------------|
| Emma Hoskins | 6&U Girls 25 Back, 112.20 |
| Adam Gallardo | 7-8 Boys 25 Back 9.17 |
| Caroline Fanous | 11-12 Girls 200 IM 7.17 |
| McKenna Kerr | 7-8 Girls 25 Breast 6.79 |
| Cara Cranor | 6&U Girls 25 Back 6.22 |
| Rory Dienstbier | 6&U Boys 25 Fly 6.03 |



Volunteer(s) of the Week

We have several volunteers we would like to recognize this week. Thank you to Beverly Bold for stepping up to help when her volunteer hours were long since completed, and also to John Hosang for stepping in to continually help with set-up and take down at the meets.

A great big **THANK YOU** to our wonderful Pit Parents, who have watched over our swimmers week after week and kept them on track and ready to swim their events. We could not run a meet smoothly with out each and every one of you!

PIT PARENTS

| | |
|---------------------|--|
| 6 & Under- | Kathy Reed & Kirsten Myers |
| 7-8 boys- | Diane Bouchard |
| 7-8 girls- | Charles & Mary McCarty |
| 9-10 boys- | Jill & Josh Hollin |
| 9-10 girls- | Lisa Arndt |
| 11-12 girls- | Lisa Cuellar & Margaret Van Norstrand |
| 11-12 boys- | Roy & Kara Ritthaler |
| 13-14 girls- | Kathleen Galvan |
| 13-14 boys- | Guy Singer & Sidney DeLoach |
| 15-17 girls & boys- | Wesley Wheeler (our coach in training) |

Dolphin and Rock Award Winners July 5th

Rock- Grace Rich, Casey Parshall, Sydney Deloach, Rory Dienstbier

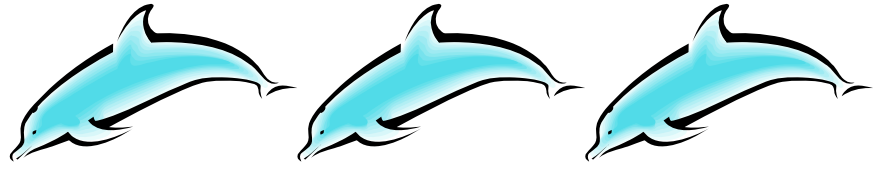
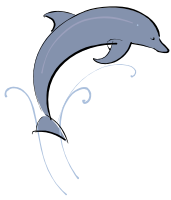
Dolphin- Xiomara Rodriguez, Ashliegh Thompson, Greg Holder, Clark Friedman



UPCOMING EVENTS

- 7/12 NWSC Divisional Meet at Brushy Creek
- 7/13 NWSC Invitational Meet at University of Texas
- 7/15 Dolphin Awards Ceremony & Annual Meeting

Please watch your emails from the Dolphin Google Group for more Divisionals & Invitationals information.



Round Rock Dolphins 2008 Awards Ceremony

When: Tuesday, July 15th
Time: 6:00 Dinner
 7:00 Awards Ceremony
Place: Christian Life Center at
 Palm Valley Lutheran Church
 2500 E. Palm Valley Boulevard
 Round Rock, Texas

This year we will be having a pot luck dinner. The team will provide pizza, drinks & cake. Please bring the following to share in a disposable dish ready to serve:

- 13-17 Hand held dessert (cookies, brownies, fruit, etc.)
- 9-12 Appetizers (bread sticks, cheese & crackers, chips & dips, etc.)
- 8 & Under Salads (pasta, garden, fruit, veggie tray, etc.)

Come and celebrate a wonderful season!

THANK YOU...

to **Papa Johns** for supplying the team with pizza and to **Bush's Chicken** for supplying us with their awesome tea for all our Home meets this season. Thank you also to all our Sponsors for supporting our team this season.

If you are in either any of these establishments please be sure to let them know you are with the Round Rock Dolphins and thank them for their support of our 2008 Dolphin Swim Team!

If your family is planning to attend the banquet, please fill out the invitation located in your family file, and return to the folder marked Molly Burriss by Friday July 11th. This will help us with the banquet headcount.

Thank you. ☺



Calling all Dolphin Seniors 2009

The Dolphin Scholarship is available for all graduating Seniors, Class of 2009. If you would like to apply for a scholarship, please submit an essay titled “What Being a Dolphin has Meant to Me”. An application for the scholarship will be placed in your family file. Deadline for all entries will be **Thursday, July 10th**. The recipient for the Dolphin Scholarship will be announced at the Dolphin awards ceremony. Good luck to all Seniors!

Micki Krebsbach Memorial Scholarship

The Micki Krebsbach memorial Scholarship was established in 2007, for the 30th anniversary of the Round Rock Dolphins, in memory of Micki Krebsbach to honor her admirable character, sportsmanship, and especially her passion for swimming. She was an outstanding leader, friend to all, and a team player.

This scholarship is to recognize a graduating senior from the Round Rock Dolphins swim team who shares Micki’s dedication of the sport, her respect for teammates and coaches, and who is planning to pursue a two- or four-year degree. Please read the attached information sheet for the application and eligibility requirements.

**GO
DOLPHINS!**



Lost and Found

Please be sure and look through the Dolphin Lost and Found bin during the last week of practice. There are lots of nice things that have been left behind! Any item not picked up this week will be available one final time at the Dolphin Banquet.

After the banquet, remaining items will be donated to

Goodwill!



To subscribe send an email to round-rock-dolphins-subscribe@googlegroups.com
To unsubscribe send an email to round-rock-dolphins-unsubscribe@googlegroups.com

Thanks,
Judi Hosang, Round Rock Dolphins Publications, 238-6413, rrdolphin@yahoo.com

Thank you to all our 2008 Sponsors!

Given the opportunity please be sure to stop by and thank our wonderful sponsors for supporting the Dolphins 2008 season!

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