



July 1, 2008  
Volume 6, Issue 9

Round Rock Dolphin Swim Team  
[www.rrdolphins.org](http://www.rrdolphins.org)

# Dolphin LaneLines

## Coaches Corner

Dolphins,

Way to go Dolphins!! What a meet this past weekend - we had several more Invitational Qualifiers this last Saturday and also more than 200 time improvements!!! That is what Dolphins is all about. Winning meets and events is always nice to see, but nothing is better than seeing such a huge number of time improvements week after week. Although there are only two weeks left in the season, I know the Dolphins are saving their best swims for the last couple of meets. We have a busy week ahead of us with two meets, but that means two chances to improve your times and reach your goals. Both of our last two regular meets will be very close and will be a good chance to see some of the competition that we will face at Divisionals.

As the season reaches its end, everyone starts to get a little tired. Please remember to get plenty of rest and eat right to keep your energy level up. It is especially important for you swimmers to drink a lot of water during the meets. Not only will this help dilute the enormous amount of sugar that many of you consume during our meets, but it will also keep your body hydrated. If you are dehydrated, your body does not function as well and you won't swim your best.

Once again Mid Summer's Night Scream was a huge success. It was easy to see that everyone that came had a great time.

Special thanks to Audrey Hatch and her Scream Crew for putting together a fantastic party. Everyone always looks forward to this occasion and it is one of the events that makes Dolphins unique compared to the other teams in our area.

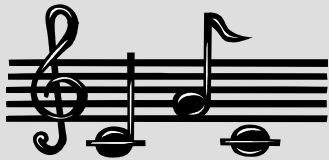
Please be on the lookout for information about signing up for Divisionals both at the pool and through email. Information and sign up sheets will probably be out by the end of the week. Everyone should choose their strongest events for Divisionals. You must have a legal time in the events that you choose and have competed in at least two meets this year. Please remember that the Divisional Meet is really where the importance of "team" comes into play. Every Dolphin's swim counts towards the success of the team. Because of this, the coaches may change the events you select if swimming something else would be a greater benefit to the team.

I feel like a broken record in saying this (and if you swimmers aren't sure what a record is, please ask your parents), but the more practice you make it to these last two weeks the better your times will be at the end of the year. Keep working as hard as you can to improve those strokes and you will finish the season with your best times yet. Again, great job to all of our Dolphin swimmers and I look forward to a strong finish to our year.

**Coach Tom**

## Northwest Swim Circuit National Anthem Contest

Please see the attached Northwest Swim Circuit National Anthem Contest for Invitationals. The due date for entries is this coming Saturday, July 5th. The rules say to submit a CD. We CAN submit a tape if you cannot put on a CD. Do NOT put your name or our team name on the CD. We will designate a number for each entry as we provide the CD's to the Northwest Swim Circuit for judging. Since we swim against Balcones Country Club this Saturday (and they are collecting the entries), Ziad Fanous will be collecting the CDs during the meet to give to the BCC rep by the end of the meet.



## Volunteer(s) of the Week

The volunteers of the week are the Mid-Summer Night Scream committee. They put together a fantastic party for our team. What was truly amazing is that they did it in 38 days! We all appreciate your time, energy and effort to give the team a scream to remember.

Audrey Hatch (co-chair)	Kelly Moreno (co-chair)
Christi Waugh	Michelle Kuhn
Karen Fanous	Elizabeth Dixon
Jessica Billings	Kellie Wendt
Mary Anne Cox	Wendy Vinante
Monica McKinney	Peggy Vasquez
Cerie Hunter	Ashima Saksena
Kathleen Mury	Thersa Katusak
Ashley Blake	Tina Shaw
Denise Hartline	Michelle Hurtado
Jason Steed	Chris Cranor
Jenny Benavides	Becky Powers
Sharon Passarella	
Scot Knight (emcee)	Chris Hatch (emcee)

## JUNE 28th MEET HIGHLIGHTS

Wesley Wheeler set Boys 15-17 100 IM record time of 56.10 (old record was 56.23)

- We had 217 time improvements by 149 swimmers.
- 10 swimmers had a 3 Time Improvement Bingo.
- There were 49 first time swims done by 43 swimmers.

Largest Time Improvements were:

**Grant Brown** (6&U) 56.17 in 25 Free

**Jake Ritthaler** (11-12) 43.91 in 50 Free

**Keegan McDonnell** (6&U) 28.53 in 25 Free

**Joeph Gonzales** (9-10) 27.05 in 25 Fly

**Kendall Reed** (11-12) 26.39 in 100 IM

**Davis Townsend** (11-12) 26.03 in 100 IM

## Dolphin and Rock Award Winners June 28<sup>th</sup>

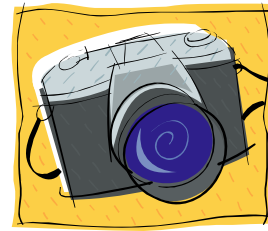
**Rock-** Rachael Rodriguez, Carolyn Waugh, Brent Schaefer

**Dolphin-** Collin Catozzi, Adam Gallardo, Thea Sims, Madeline Keist



**UPCOMING EVENTS**

- 7/1 Dual Meet Home vs Georgetown  
5:30pm start time
- 7/2 Abbreviated Practice Times  
7:30-8:30 13 & Up **ONLY**  
8:30-9:15 Regular 8am Practice Group  
9:15-10:00 Regular 9am Practice Group
- 7/4 **NO PRACTICE**
- 7/5 Dual Meet **Home** vs. Balcones  
Restaurant Day- TBD
- 7/12 NWSC Divisional Meet at  
Brushy Creek
- 7/13 NWSC Invitational Meet at  
University of Texas
- 7/15 Dolphin Awards Ceremony &  
Annual Meeting

**LOOKING FOR PICTURES**

We are looking for pictures to include in the end of season slide show. This is always a favorite of our Dolphin swimmers. If you have pictures from meets and other Dolphin events from this season, we would love to include them in the slide show. Please make a CD of any photos you would like to submit and place it in the Vega Family file.

**NOMINATING COMMITTEE!****ATTENTION DOLPHIN PARENTS!**

We need a few good people to step up and continue the great tradition that is the Round Rock Dolphins. If you are interested in a Board position for next year's swim team please contact one of the following individuals.

Page Krebsbach - 310-7609

[pkrebsbach@austin.rr.com](mailto:pkrebsbach@austin.rr.com)

Lisa Cuellar - 244-7936 [ea\\_cuellar@yahoo.com](mailto:ea_cuellar@yahoo.com)

Michael Friedman - 970-5380 [joliecher@gmail.com](mailto:joliecher@gmail.com)

Margaret Van Norstrand - 218-4832

[mvnepa@aol.com](mailto:mvnepa@aol.com)

Jeanne Stearns - 733-7392

[jstearns@austin.rr.com](mailto:jstearns@austin.rr.com)

**Dolphin Spirit Activities**

**July 5<sup>th</sup> Most Creative Dolphin Cheer**  
(anyone can participate by pit, age groups, groups of friends, coaches, parents...) One cheer will be selected and have a chance to perform their cheer at the half. Participants will get a treat! Let's make up a new cheer to show our team spirit!!

The winners of the spirit contest  
for June 28th were:  
1st-Genna Wacker  
2nd-Elizabeth Hatch  
3rd-Marian Hatch



## Calling all Dolphin Seniors 2009

**The Dolphin Scholarship** is available for all graduating Seniors, Class of 2009. If you would like to apply for a scholarship, please submit an essay titled "What Being a Dolphin has Meant to Me". An application for the scholarship will be placed in your family file. Deadline for all entries will be Thursday, July 10<sup>th</sup>. The recipient for the Dolphin Scholarship will be announced at the Dolphin awards ceremony. Good luck to all Seniors!

### Micki Krebsbach Memorial Scholarship

The Micki Krebsbach memorial Scholarship was established in 2007, for the 30<sup>th</sup> anniversary of the Round Rock Dolphins, in memory of Micki Krebsbach to honor her admirable character, sportsmanship, and especially her passion for swimming. She was an outstanding leader, friend to all, and a team player.

This scholarship is to recognize a graduating senior from the Round Rock Dolphins swim team who shares Micki's dedication of the sport, her respect for teammates and coaches, and who is planning to pursue a two- or four-year degree. Please read the attached information sheet for the application and eligibility requirements.



### Restaurant Day

**FUDDRUCKERS**  
this Saturday after the meet.  
Come join us and help support  
the Round Rock Dolphins!

### Lost and Found

The season is almost through and the Lost & Found Bin is getting full. Please be sure to check the lost and found for any items you may have lost. If you are looking for a specific item, you can always email Melissa Strachan at [melissa\\_strachan4@hotmail.com](mailto:melissa_strachan4@hotmail.com) to see if it has been found.



To subscribe send an email to [round-rock-dolphins-subscribe@googlegroups.com](mailto:round-rock-dolphins-subscribe@googlegroups.com)  
To unsubscribe send an email to [round-rock-dolphins-unsubscribe@googlegroups.com](mailto:round-rock-dolphins-unsubscribe@googlegroups.com)

Thanks,  
Judi Hosang, Round Rock Dolphins Publications, 238-6413, [rrdolphin@yahoo.com](mailto:rrdolphin@yahoo.com)

## Thank you to all our 2008 Sponsors!

Given the opportunity please be sure to stop by and thank our wonderful sponsors for supporting the Dolphins 2008 season!

RE/MAX Round Rock-Jeanne Stearns, Realtor  
417-4159/733-7392

Huebinger Studios, Inc. Photography  
246-0063  
[www.huebingerstudios.com](http://www.huebingerstudios.com)

Old Settlers Dental  
John Zavala, DDS  
310-2444

Lane Four Swim Shop  
836-5152  
[www.lanefour.com](http://www.lanefour.com)

Lone Star Aquatics Club  
255-6126  
[www.lonestaraquatics.org](http://www.lonestaraquatics.org)

Kim Parker, Mary Kay  
246-6650  
[www.marykay.com/kparker2](http://www.marykay.com/kparker2)

Larry L. Perez Signs and Graphix  
255-7058  
[www.LarryPerezSigns.com](http://www.LarryPerezSigns.com)

Summit Pools  
642-3869  
[www.swimin29days.com](http://www.swimin29days.com)

Lifetime Vision Care  
Marc Bergeron, OD  
244-2003  
[www.visionsource.lifetimevisioncare.com](http://www.visionsource.lifetimevisioncare.com)

Ellen Nelson, D.D.S., M.S.  
Orthodontist  
255-4444

O'Connor-Doherty Group  
977-0707

Drake's Pressure Wash  
423-3430

HR Strickland Tax Service Inc.  
255-1114

Allergy and Asthma Clinic of Central Texas  
388-1861  
[www.allergcentex.com](http://www.allergcentex.com)

Pastor, Behling & Wheeler, LLC  
671-3434

Kaleidoscope Toys  
388-5048  
[www.kstoys.com](http://www.kstoys.com)

Keller Williams/Tara Knight  
751-4834

McLeod Animal Clinic  
255-2547

Round Rock Animal Hospital  
255-6232  
[www.rrah.com](http://www.rrah.com)

Hines Pool & Spa  
873-8565  
[www.hinespool.com](http://www.hinespool.com)

Tio Dan Puffy Tacos  
246-7733

Joseph P. Goodson DMD, M.S.  
Orthodontist  
258-6683

Aqua Tex Swim Team  
636-8577  
[www.aquatexswim.org](http://www.aquatexswim.org)

Papa John's Pizza of Round Rock  
244-7272

Gatti-land Eater-tainment  
255-6699  
[www.gattiland-rr.com](http://www.gattiland-rr.com)

Reavis Rehab & Wellness Center, Inc  
310-7665  
[www.reavisrehab.com](http://www.reavisrehab.com)

Unicut Lawn and Landscape  
255-7343  
[www.unicutllc.com](http://www.unicutllc.com)

First Texas Bank  
255-2501  
[www.firsttexasbank-rr.com](http://www.firsttexasbank-rr.com)

Austin Texas Homes  
Victoria Tackett  
845-2084  
[www.VictoriaTackett.com](http://www.VictoriaTackett.com)

Nitro Swimming  
259-7999  
[www.nitroswim.com](http://www.nitroswim.com)

Vista-Scape, Inc. Commercial Landscape Contracting  
834-0583

Ramming Paving

Motal Firm  
716-1001

Hill Country Directories, LTD  
[www.hcdyp.com](http://www.hcdyp.com)

Austin Chiropractic Heath Center  
252-3030