



June 17, 2008
Volume 6, Issue 7

Dolphin LaneLines

Round Rock Dolphin Swim Team
www.rrdolphins.org

UPCOMING EVENTS

- 6/20 Fun Friday
- 6/21 Home Meet vs. Forest North
Restaurant Day-
FUDRUCKERS
- 6/23 Schlitterbahn Trip-
No Swim Practice Today
- 6/28 Dual Meet **Home** vs.
Well's Branch
Restaurant Day-**SMOKEY
MO'S**
Midsummer's Night Scream
- 6/30 Invitational T-Shirt orders
due
- 7/5 Dual Meet **Home** vs.
Balcones
Restaurant Day-
FUDRUCKERS
- 7/12 NWSC Divisional Meet at
Brushy Creek
- 7/13 NWSC Invitational Meet at
University of Texas
- 7/15 Dolphin Awards Ceremony
& Annual Meeting

Team Pictures will be taken during the break at the **June 21st** Home Meet.

Schlitterbahn Team Trip- Monday, June 23. You must provide your own transportation. A caravan will leave the Krebsbach pool at 8:15am.

Coaches Corner

Another week and another great meet for the Round Rock Dolphins!!!!

We had so many impressive swims this past weekend. Once again there were numerous time drops from the entire team as well as new invitational qualifiers. Congratulations to all Dolphins on a very competitive meet. Though we only lost by a few points, it was easy to see that the Dolphins were putting in their best effort. Brushy Creek is a tough opponent that we'll see again at our divisional meet and with some hard work and determination, I have no doubt that we will swim even faster the next time that we swim against them. Remember that attitude plays a major role in how we swim. The better the attitude that we have during practice and at meets, the better your performance will be. Stay positive and encourage others to do so as well.

It's hard to believe, but the season is already half over with only three meets left to go until our big divisional meet. Remember to choose your events by the Tuesday before the meet. Don't worry if you happen to miss the event sign up - as long as you have marked "Y" for being at the meet, you will swim. Now is also

the time to try new strokes.

Also, try to come to as many practices as possible and to work as hard as you can during that practice time. When it's early in the morning or when you wake up tired and don't want to go to practice that day, keep your goals in mind and remember that the only way to reach those goals is through hard work.

There will be a lot going on in the coming weeks, from Picture Day to the Round Rock Express game to more home meets against some tough teams to Schlitterbahn to Mid Summer's Night Scream. I know there is a lot going on and it will be a very busy time, but try to come to as many activities as you possibly can. These extra events let us hang out together and bond as a team outside of the pool. Knowing your teammates and making new friends is an important part of Dolphins and strengthens team spirit.

Go Dolphins!!!

Coach Tom

Invitational T-Shirts...

are now available for order. Deadline is **Monday, June 30th**. This is the deadline set by the Northwest Swim Circuit. We will not be able to accept any orders after this date. If you would like to place an order, you can order them via the order forms in your family file or print off and complete the attached form. Please put the form and payment in an envelope and leave it in the **TREASURER** file by Monday, June 30th. We will have a sample t-shirt at the merchandising booth at the meet on Saturday. The t-shirts seem to run about the same size as our Dolphin t-shirts.



Lost and Found

New plan for Lost and Found items! A large bin has been purchased that will be stored in the dolphin storage room. Once the lost items have been laundered and cleaned they will be stored in the bin and available at any and all practices. In addition, during Friday practices a table will be set up in the front breezeway with all of the found items. Please take a minute to sort through the many items to see if any of it belongs to your swimmer! There are lots of nice shirts and shorts that have been left behind. There were also some really nice towels left behind at the swim meet! I also have several goggles, a book, an umbrella, a pair of flip flops, a swim cap and water jug. If you are looking for a specific item, you can always email Melissa Strachan at melissa_strachan4@hotmail.com to see if it has been found.

Dolphin and Rock Award Winners June 14th

Rock

Gabe Wheeler

Alex Dai

Karley Stipanovic

Catherine Fanous

Dolphin

Ethan McCoury

Cate Goen

Cameron Steed

Emily Knox

JUNE 14th MEET HIGHLIGHTS

Annie Wang broke her own 6&U 25 Free record (21.99) going 21.80.

334 time improvements (includes first time swims)

18 swimmers had 3 time improvements ("bingos")

For those of you who are new, many teams in the circuit will recognize 3 time improvements in individual events in one meet. The term they use for this achievement is "bingo".

Biggest time improvements:

Jenna Hollin 96.51 in 6&U 25 Free

Cara Cranor 47.03 in 6&U 25 Back

Jordon Doss 38.97 in 6&U 25 Free

Genna Wacker 24.83 in 7/8 50 Free

Andrew Koenen 24.67 in 7/8 25 Breast



Volunteer(s) of the Week

Thank You the **Michael & Libby Jaillet** for all their help in finding a truck to transport our tents and supplies to the meet. A **HUGE** thank you goes to **Michael** for coming back to the Krebsbach pool to help unload and store all our tents and supplies.

Thank you to **John Schaefer** for making the awesome new Dolphin and Rock Award Signs for our swimmers! They look Great.

Parents

Please be sure your child has all their belongings together before swimming their last event. This will help us get packed up in a timely manner. Also, the pit parents have found several items left behind from last weeks meet. Please check with your pit parent if you are missing items.

Calling All Amateur Photographers!

If you enjoy taking pictures at the swim meets and other Dolphin events and would like to share your pictures, this is for YOU! Your pictures from Dolphin events are wanted for the end of the year Awards Ceremony slide show. Please follow the following guidelines to submit pictures:

*If you have **multiple** images or video please put them on a DVD or CD (labeled) and place in the "Vega" family file. Please make sure still images are .JPG format and videos must be .AVI or .MP4 format. Widescreen is preferred.

*If you have **single** photos, please label them and email to juan@vegafamily.com. If you send a single photo of your child and it is labeled with their name Juan will try his best to put it in the slide show.

*All photos need to be pre-cropped and pre shrunk to 800x600. **NOT LARGER.**

*Still images must be .jpg or .bmp (.jpg is preferred).

*Video images be .avi or .mpg (.avi is preferred).

Deadlines for submissions are as follows:

*By the end of the weekend of the meet if you are submitting individual photos.

*If you are submitting DVD's or CD's, **Monday am** by placing them in the "Vega" family file.

*The **last day** for submission is **noon** on Monday, **July 7th**. **NO EXCEPTIONS.**

*The **last day** for submissions for **Divisional** photos **ONLY** is 8pm on **July 12th**. **NO EXCEPTIONS.**

***Invitational Photos-** An attempt will be made to add any invitational photos, provided they are given to Juan Vega immediately after the Invitational Meet. However, due to time constraints there is no guarantee these will be included in the slide show.

Please label everything.

Please note that producing this awesome slide show is very time intensive and a huge **THANK YOU** goes to Juan Vega for his efforts. The slide show is being put together meet after meet therefore we must adhere to the guidelines set above. Thank you for your cooperation. We can't wait to compile the pictures and enjoy the season all over again at the Award's Ceremony.

**It's a bird, it's a plane, it's.....
time for the *Mid-Summer Night* **Scream!!!****

**Super Scream for Dolphin Heroes
June 28th
9 pm – Midnight**

Be sure to bring chairs, towels, etc. and your assignment according to your last name.

A	Paper Plates (100 count/dinner size)
B & C	Bag of Ice and 12 Soft Drinks
D-G	Veggies & Dip
H-K	Fruit Tray (or watermelon, grapes, pineapple, etc.)
L-O	Cupcakes
P-R	Tortilla Chips
S	Assorted Chips
T-Z	Brownies or Cookies

**Wear your super hero disguise!
Awards will be given for best swimmer &
coach's costumes!**

*****Super powers are the only weapons allowed inside the gates. Please leave all others at home.*****

Games & prizes for heroes of all ages!

NO ALCOHOLIC BEVERAGES ALLOWED
If anyone is found with alcohol they will be asked to
leave the premises.

Dolphin Spirit Activities

June 21st Pit Decorating-One pit will win a tasty snack delivered to their pit!!! Judging will take place after the start of the meet, pits must be decorated by 8am.

June 28th Poster Contest

1st, 2nd, 3rd place awards. Judging will take place after 10 am. Bring something to hang your poster at the pool entrance or on a fence for everyone to see. Make sure your name is on the back so we know who the prize goes to.

July 5th Most Creative Dolphin Cheer (anyone can participate by pit, age groups, groups of friends, coaches, parents...) One cheer will be selected and have a chance to perform their cheer at the half. Participants will get a treat! Let's make up a new cheer to show our team spirit!!

**The winners of the spirit
contest for June 14th were:**

1st place: Eliza Vega

2nd Place: Andrew Hosang

3rd Place: Abbey and Carly Powers

Restaurant Day

Join us after the meet this Saturday at **Fuddruckers** in Round Rock. A portion of the proceeds be donated to the Round Rock Dolphins. Be sure and let them know when you order that you are with the Dolphins. Come Out and support the Dolphins and enjoy a great meal!



To subscribe send an email to round-rock-dolphins-subscribe@googlegroups.com
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Thanks,
Judi Hosang, Round Rock Dolphins Publications, 238-6413, rrdolphin@yahoo.com

Thank you to all our 2008 Sponsors!

Given the opportunity please be sure to stop by and thank our wonderful sponsors for supporting the Dolphins 2008 season!

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