



May 13, 2008
Volume 6, Issue 2

Dolphin LaneLines

Round Rock Dolphin Swim Team
www.rrdolphins.org

Swim Schedule (5/12-5/30):

Practice –**All Swimmers**
8 & under 4:30-5:15 PM
9-12 5:15 -6:00 PM
13-17 6:00 -7:00 PM

May 23rd - Practice Meet
May 31st - First Meet

MAY

UPCOMING EVENTS

5/20-Auction Basket items due

5/23- Practice Meet
Picnic/Silent Auction/ Open swim
4:30-10:00pm

5/26- NO Swim Practice

5/31 Away Meet

Coaches Corner

Excellent first week of practice Dolphins!!! It is great to see so many familiar faces and to meet all of our new team members. The coaches and I were very excited to see everyone return and to be back in the water. We can tell that this is going to be great season with the enthusiasm and hard work that many of you are already showing. I know this is a busy time of year for everyone with only two weeks of school left, but please try to come to as many practices as you can. It takes a little time to get back in swimming shape, so the more you swim the better you will feel in the water.

Many of the swimmers were asking last week and I am pleased announce that our first Fun Friday is this week!! For those that are unfamiliar with “Fun Fridays”, we usually warm up with a little swimming and then open up the pool for fun and games. There is usually a game of “sharks and minnows” or “baseball” in the competition pool and we will turn on the slide and the beach area fountains as well. The coaches will be located throughout the pool to supervise the activities and lead the games.

The practice meet is only two weeks away!!! All swimmers will be competing in the short free (25 yard) and backstroke events and time permitting, their choice of fly/breast. The practice meet gives swimmers a chance to get some beginning times for the season and also allows everyone to get a feel for how a meet operates. Everyone is encouraged to attend – especially new swimmers who are unfamiliar with how a meet operates or who have never swum across the big pool. After the meet is over, the pool will be open for a little free swim and fun – with the Silent Auction and Picnic. It’s going to be a great time, so don’t miss it!!!

The meet sign up sheets for the season should be out by the end of the week. Look for a blue crate on a table near the front gate. In the crate will be clipboards for each age group. Each group should have a separate clipboard for boys and girls – except for the 6 and Unders which are combined. Meet dates are listed across the top and swimmers down the side. Just put a “Y” or “N” in the appropriate box to indicate whether or not your child will be attending the meet. Remember that a box left blank will be assumed to be a “No”. These sheets will stay out the entire season, so you are welcome to make changes at any time up until the Tuesday before a meet. If for some reason your child’s name has been left off accidentally, please just write them in at the bottom.

The meet sign up sheets are same sheets you will use to select your preference of morning practice times. There will be two options:

“1” – 8:00-9:00

“2” – 9:00 – 10:00

Please put the number (either “1” or “2”) next to your swimmer’s name to indicate which practice you would prefer to attend. I will try my best to accommodate all preferences, but it is not guaranteed that you will receive the time you ask for. Both times have to have approximately the same number of swimmers for the practices to run smoothly.

13 and Older swimmers will practice from 6:30-8:00.

If you have any questions feel free to ask me after practice or drop a note in my file.

Coach Tom

Mark Your Calendars

Dolphin Swim Team
Skating Party &
Fundraiser

Thursday, June 5, 2008
6pm-8pm
Round Rock Roller Rink

Watch your family files
for more information.



2008 Coaches

Tom Arredondo

-Head Coach

Mark Parshall

-Assistant Coach

Mandy Ballo

Luke Bernhard

Catherine Dicaire

Jamie Kietzke

Kelley Myers

Michael Neisch

Marcy Parshall

Ashley Smith

Mikah Welch



DOLPHIN SHOP

The Dolphin shop will be open during practice on

Friday, May 16 from 4:30-6:15

Merchandise such as towels, baseball hats, shorts, swim caps, water bottles and coffee travelers will be available for purchase. This is a great time to pick up baseball caps that were ordered at registration. We are still short on the number of chairs required for an order so if you are considering a chair, this week is the last week to pre-pay. In the event we do not have enough interest in the chairs, we will refund the amount to each family that pre-purchased a chair.



VOLUNTEERS NEEDED

We need leads for the following positions: End of Season Banquet, Mid Summer Night Scream and Lost and Found. These events may have a few people leading them, so you don't have to do it alone. Find a friend and Volunteer together!!! If we are not able to find leads for these positions we will not be able to have these fun filled events. If you would like to volunteer please contact:

Melissa Kelley at
255-8288 or

melissa_kelley@roundrockisd.org

Concessions

will be selling pizza, drinks, snacks & dessert at the practice meet and at the picnic afterwards!! Help support the Round Rock Dolphin Swim team by purchasing dinner at the concession stand!



To subscribe send an email to round-rock-dolphins-subscribe@googlegroups.com43o
unsubscribe send an email to round-rock-dolphins-unsubscribe@googlegroups.com

Thanks,

Judi Hosang, Round Rock Dolphins Publications, 238-6413, rrdolphin@yahoo.com



Spotlight on the Coaches

In an effort for both new and returning swimmers to get to know the coaches who will be teaching them this year we will be spotlighting a few coaches each week, for the next few weeks

COACH MARK PARSHALL

I was born in London, England and have lived in Round Rock since 1983. I attended Edinboro University in Pennsylvania. My favorite food is a tie between Tai food and BBQ. My favorite movie is The Big Chill. My favorite book is Stephen King's Nightmares and Dreamscapes. I played Water polo for a few years in High School, and then started swimming Masters in 1987. My advice to young Dolphins would be to find a way to make it enjoyable, even the challenging sets, and don't be afraid to fail, but learn from it. I am a returning Dolphin Coach. I coached with the Dolphins from 1994-1998. My favorite strokes are Butterfly, and distance free. The best part of coaching is the swimmers! Ten years from now I see myself still coaching!

COACH MANDY BALLO

I was born in Walnut Creek, California. I moved to Texas 10 years ago. I am a sophomore at Texas A&M!!!! WHOOP!! I love steak, quesadillas, hamburgers, creamy jalapeño ranch dip, pasta, and all kinds of desserts!! I really will eat anything as long as it's not sea food! I have so many favorite movies, but if I had to narrow it down I would say "The Notebook", "A Walk to Remember", "Titanic", "Sweet Home Alabama", and "Finding Nemo". My favorite book would have to be Jane Eyre. I have been swimming my whole life!! Some swimming advice that I can pass down to younger Dolphins would be to ALWAYS have fun!! This will be my second year coaching the Dolphins! My favorite stroke is Freestyle! My favorite things about coaching are the stories and jokes the kids tell you! They always make me laugh and brighten my day! In ten years I see myself graduated from A&M and law school and starting my life with my husband, hopefully in Colorado!

COACH LUKE BERNHARD

I was born in Austin, Texas and have lived here all my life. I plan to attend The University of the Incarnate Word. My favorite food is lasagna. My favorite movie is Bourn Ultimatum. My favorite book is Friday Night Lights. I have been swimming since I was 7 years old, for 12 years. I have been with the Dolphins for 12 years. My favorite stroke is Freestyle. What I like best about Coaching is being able to help the others in swimming. Ten years from now I see myself married with kids and a successful job.

COACH CATHERINE DICAIRE

I was born in Montreal Canada, I have lived in Texas for 10 years. I am attending Concorida in Montreal right now. I love Mexican food!!!! It's unfortunately hard to get in Canada ☹. My favorite movie is Breakfast at Tiffany's all the way!!! What is your favorite book? "Ha ha", I love all the Harry Potter books! I have been swimming for about 9 years. My advice to younger Dolphins would be come to practice, do your best, but don't forget to have fun! I have been involved with Dolphins for 10 years!!! My favorite strokes are Butterfly and Freestyle. What I love best about coaching is the whole environment of it all, being around the kids and the other coaches, it is just a lot of fun! Ten years from now I hope to be teaching back here in Texas.



Thank you to all our 2008 Sponsors!

Given the opportunity please be sure to stop by and thank our wonderful sponsors for supporting the Dolphins 2008 season!

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Don't forget to bring your Silent Auction/Basket items by May 20th.

Plan to attend the annual Silent Auction held at the Dolphins Practice Meet and Family Picnic on **Friday, May 23, 2008**.

Each swimming age-group will be putting together a basket at the auction. Listed below is the basket theme for your child's age group. Items may be placed in the plastic tubs labeled "Pit Basket" donations during the swim practices. The age group basket that brings in the most money will win a special prize - so don't forget to donate! Cash donations also will be accepted! There will also be a plastic tub labeled "Silent Auction" donations if you have any items you would like to donate to the Silent Auction. All items are due by **Tuesday, May 20th**.

Contact Dawn Steele at
218-4497 or dsteele1@austin.rr.com

- 6 & U Boys** **LEGO'S**
- 6 & U Girls** **Princess** - Dress Up Shoes, Play Dresses, Tiara's, Jewelry
- 7-8 Boys** **Water Fun**
- 7-8 Girls** **Hannah Montana** - Posters, CD's, Blankets, Bean Bag Chair, Doll
- 9-10 Boys** **Family Game Night** - board games, card games
- 9-10 Girls** **We all Scream for Ice Cream** - Ice cream scoop & Bowls, Toppings
- 11-12 Boys** **Movie Night** - Movies, popcorn, Snacks
- 11-12 Girls** **High School Musical** - posters, T-Shirts, Wallets, Water Bottles, CD
- 13-14 Boys** **The Kitchen Is Closed** - Gift Certificates to Restaurants
- 13-14 Girls** **Death By Chocolate**- Chocolate Candy, Chips, Dips
- 15-17 Boys & Girls** **Gardening** - Plants, Pots, Seeds, Gloves

Please notify us if you know of any other potential donors that will contribute to this fun-filled event. Donations are tax deductible.