



May 5, 2008
Volume 6, Issue 1

Dolphin Lane Lines!

Round Rock Dolphin Swim Team
www.rrdolphins.org

**PRACTICE
CANCELLED for
Monday, May 5**

Swim Schedule (5/6-5/9):

**May 6 - First Practice
New Swimmers Only**

May 6- May 30

Practice –All Swimmers

8 & under 4:30-5:15 PM

9-12 5:15 -6:00 PM

13-17 6:00 -7:00 PM

May 23rd - Practice Meet

May 31st - First Meet

*****Watch your emails for
updated practice
information*****

MAY UPCOMING EVENTS

- ◆ 5/20-Auction Basket items due
- ◆ 5/23- Practice Meet Picnic/Silent Auction/ Open swim 4:30-10:00pm
- ◆ 5/26- NO Swim Practice
- ◆ 5/31 Away Meet

Coaches Corner

**Welcome back to all returning
and new Dolphins!!!!**

I am looking forward to an exciting and fun 2008 Season. We not only have a huge amount of returning Dolphins, but a large number of swimmers new to the team. We will be swimming many teams that we haven't faced in previous years this season and will also have a new divisional opponent. As always, the competition will be strong, but with some hard work and team spirit the Dolphins will once again be a team to be reckoned with.

The month of May can be very busy, but please try to make it to as many practices as possible. It can take a little while for swimmers who have been out of the water to get back in shape and remember all of those strokes, so the more they can practice the better. Our practice meet is May 23rd and will be upon us faster than you think. Please make sure to pay attention to the signs at the front of the pool and to read your newsletter every week as there will be information throughout the season about activities, practice, sign up procedures, meets, etc.

There will be many activities throughout the year from the Practice Meet and Skate Party to Mid Summers Night Scream and a team trip to Schlitterbahn that will give everybody a chance to hang out together, make new friends and have a good time.

The Dolphins Swim Team is an organization that is really centered on making the summer as fun and enjoyable as possible for our swimmers. The primary purpose of Dolphins is twofold – improving swimming ability and having fun. This is a summer league and though we love winning our meets, as long as the swimmers are having a good time and improving their strokes and times, we can't ask for anything more

On behalf of all the coaches, welcome back and we are looking forward to another fun and successful year. If you have any questions, please feel free to drop a note in my file or talk to me after practice any time'

Coach Tom

Presidents Corner

WELCOME DOLPHINS!

Welcome everyone to the 2008 summer swim season. We're finally ready to get things started and are looking forward to a great season. This is our first newsletter of the year, be sure to read all the features and learn about what fun it is to be a part of the Dolphins.

This issue includes cool team information, team cheers, and other interesting items, sure to get everyone ready for the first meet. Lots of good times are ahead including plenty of fast swimming so get those goggles on and jump in!

Nancy

Announcing the 2008 RR Dolphin's Silent Auction

This year we will hit the ground running to raise money for the Dolphins. Plan to attend the annual Silent Auction held at the Dolphins Practice Meet and Family Picnic on **Friday, May 23, 2008**.

Each swimming age-group will be putting together a basket at the auction. Listed below is the basket theme for your child's age group. Items may be placed in the plastic tubs labeled "Pit Basket" donations during the swim practices. The age group basket that brings in the most money will win a special prize - so don't forget to donate! Cash donations also will be accepted! There will also be a plastic tub labeled "Silent Auction" donations if you have any items you would like to donate to the Silent Auction. All items are due by **Tuesday, May 20th**.

Contact Dawn Steele at
218-4497 or
dsteeler1@austin.rr.com

6 & U Boys LEGO'S
6 & U Girls Princess - Dress Up Shoes, Play Dresses, Tiara's, Jewelry
7-8 Boys Water Fun
7-8 Girls Hannah Montana - Posters, CD's, Blankets, Bean Bag Chair, Doll
9-10 Boys Family Game Night - board games, card games
9-10 Girls We all Scream for Ice Cream - Ice cream scoop & Bowls, Toppings
11-12 Boys Movie Night - Movies, popcorn, Snacks
11-12 Girls High School Musical - posters, T-Shirts, Wallets, Water Bottles, CD
13-14 Boys The Kitchen Is Closed - Gift Certificates to Restaurants
13-14 Girls Death By Chocolate- Chocolate Candy, Chips, Dips
15-17 Boys & Girls Gardening - Plants, Pots, Seeds, Gloves
Please notify us if you know of any other potential donors that will contribute to this fun-filled event. Donations are tax deductible.

2008 Coaches

Tom Arredondo
-Head Coach

Mark Parshall
-Assistant Coach

Mandy Ballo
Luke Bernhard
Catherine Dicaire
Jamie Kietzke
Michael Neisch
Marcy Parshall
Ashley Smith
Mikah Welch

Concessions

will be selling pizza, drinks, snacks & dessert at the practice meet and at the picnic afterwards!! Help support the Round Rock Dolphin Swim team by purchasing dinner at the concession stand!



WHO'S GOT DOLPHIN SPIRIT??

One of the great traditions of the Dolphins is team cheers! Although we are uncertain as to their origin, it has been a long time favorite of the Dolphin families! If they don't know it already, have your kid's practice the words for an after practice cheer or pre-meet pep talk! Tradition goes... *the louder the better!*

HIP-ZOO CHEER

Hip-Zoo! Rah-Zoo! Teddy Boom Bah-Zoo

Osh Kitty Osh Kosh Chicka-Boom-Bah

Teddy-Roo, Teddy Rah,

Teddy Rubby Dubby Flubby Dubby

Shish Boom Bah

Round Rock Dolphins... Rah! Rah! Rah!



DOLPHIN LANE LINES
our swim team
newsletter will be
published weekly and
sent via email through
our Dolphin Google
group. A hard copy will
be posted on the
Dolphin bulletin board
at the pool each week.



Superslide Cheer

Done during halftime at the meets!

Coach yells, "Is this not the swimming pool?"
Swimmers yell, "This is the swimming pool"

Coach yells, "Are those not the starting blocks?"
Swimmers yell, "Those are the starting blocks"

Coach yells, "Are those not the lane lines?"
Swimmers yell, "Those are the lane lines"

Coach yells, "Is this not the superslide?"
Swimmers yell, "This is the superslide"

Coach yells, "Is this not the winning team?"
Swimmers yell, "This is the winning team"

Coach yells, "swimming pool!!!"
Swimmers yell, "swimming pool!!!"

Coach yells, "starting blocks!!!"
Swimmers yell, "starting blocks!!!"

Coach yells, "lane lines!!!"
Swimmers yell, "lane lines!!!"

Coach yells, "superslide!!!"
Swimmers yell, "superslide!!!"

Coach yells, "Winning team!!!"
Swimmers yell, "winning team!!!"

To subscribe send an email to round-rock-dolphins-subscribe@googlegroups.com
To unsubscribe send an email to round-rock-dolphins-unsubscribe@googlegroups.com

Thanks,
Judi Hosang, Round Rock Dolphins Publications, 238-6413, rrdolphin@yahoo.com

Thank you to all our 2008 Sponsors!

Given the opportunity please be sure to stop by and thank our wonderful sponsors for supporting the Dolphins 2008 season!

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