



Dolphin Lane Lines!

Round Rock Dolphin Swim Team
www.rrdolphins.org

Swim Schedule (5/11-5/15):

May 11- June 3

Practice –**All Swimmers**
8 & under 4:30-5:15 PM
9-12 5:15 -6:00 PM
13-17 6:00 -7:00 PM

MAY

UPCOMING EVENTS

- ◆ 5/19-Auction Basket items due
- ◆ 5/22- Practice Meet Picnic/Silent Auction/Open swim/Pick up Team T-shiirts
- ◆ 5/25- NO PRACTICE
- ◆ 5/30 Home Meet vs. Anderson Mill



DOLPHIN LANE LINES
our swim team
newsletter will be
published weekly and
sent via email through
our Dolphin Google
group. A hard copy will
be posted by the family
files at the pool each
week.

Presidents Corner

For those parents who are new to the swim team and those that are returning here are just a few reminders I'd like to share. The high school students use Krebsbach parking lot each day and they are being dismissed at the same time many of you are arriving. **PLEASE** be careful because many of the students are rushing to leave school, chatting with friends, talking on cell phones or texting. They are not accustomed to having others there so please use extra caution. We don't want any accidents or injuries to our swimmers.

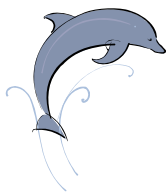
The Dolphins sign a contract with the city of Round Rock to use the pool. The contract is very specific on what we can and cannot do. The followings are reminders of what we cannot use:

- 1) No one may enter the beach area of the pool at any time during a practice or meet. Although it is tempting for the kids to want to get in the pool, no one is allowed in the Kidde pool at any time.
- 2) The animals that are in the pool (whale, turtle etc) are off limits.
- 3) There are tarps, lane line racks and stacked beach chairs that are not to be climbed on.
- 4) The volleyball/sand pit is not a play area and cannot be used during a practice or meet.
- 5) The slide is off limits at all times.

There is a clause in the contract that the city is able to cancel our contract at any time. Let's not give them a reason. Please watch your children when they are at the pool area for safety reasons since we have no lifeguards on duty.

We understand that sometimes your children need to be at the pool for extended periods of times, please bring items to keep them occupied; some suggestions are board games, coloring books, reading books, action figures, Barbie dolls...etc. This will help keep them busy while they wait. Thank you for your assistance with this.

Kara



DOLPHIN SHOP

The Dolphin shop will be open during the practice meet on
Friday, May 22

Merchandise such as towels, baseball hats, shorts, swim caps,
water bottles and coffee travelers will be available for
purchase.

Volunteer Corner

My name is Melissa Wheeler and I am the Volunteer Coordinator for the 2009 Dolphin Season. I want to thank everyone who signed up to be a volunteer. The Dolphins have always been known for having the best volunteers and I believe that we are off to a great start for the 2009 season. With 294 swimmers, we should have a great group of volunteers for this season. If you have any questions about your positions in which you have volunteered for please feel free to contact me at wheelers5@austin.rr.com or call me at 461-4453. Your Heads should be contacting you for the practice meet and for volunteering for the up and coming swim meets.

The Heads for the 2009 Dolphin Season are:

- Lisa Arndt – Ready Bench
- Brian Booth – Information Systems
- Robyn Burris – Banquet
- Christy Cates – Stroke & Exchange Judges
- Colleen Dienstbier – Merchandise
- Henri Francois – Timers
- Mark Parshall & Chilico Hart – Co Heads Set Up & Clean Up
- Page Krebsbach – Concessions
- Libbi Jaillet – Auction
- Dawn McCourry & Ziad Fanous – Co Heads Starters & Announcers
- Kelly Moreno & Christi Waugh – Co Heads Mid Summers Night Scream
- Roy Ritthaler & Cami Salzillo – Co Head Pit Parents
- Steve Stearns & Lorrie Townsend – Co Head Ribbons & Scoring
- Keith Wheeler – Runners
- Melissa Wheeler – Miscellaneous

If they have not contacted you by May 18th, please call me and I will make sure you get that phone call. Thanks again for volunteering and I look forward to a FANTASTIC 2009 Dolphins Season.

2009 Coaches

Tom Arredondo

-Head Coach

Mark Parshall

-Assistant Head Coach

Mandy Ballo

Luke Bernhard

Catherine Dicaire

Brooke Doherty

Dax Hill

Kelly Myers

Ashley Smith

Andrew Welch

Mikah Welch

Wesley Wheeler

Concessions

will be selling pizza, drinks, & watermelon at the practice meet and at the picnic afterwards!! Help support the Round Rock Dolphin Swim team by purchasing dinner at the concession stand!



Fundraising Corner



Don't forget to bring your Silent Auction/Basket items by May 19th.

Plan to attend the annual Silent Auction held at the Dolphins Practice Meet and Family Picnic on
Friday, May 22, 2009.

Each swimming age-group is putting together a basket at the auction. Listed on page 5 of this newsletter is the basket theme for your child's age group. Items may be placed in the brown bag labeled "Pit Basket" donations during the swim practices, located in the foyer of the pool. Cash donations also will be accepted!

Contact Audrey Hatch at sunflowergala@yahoo.com or Libbi Jaillet at idjaillets@yahoo.com

Please notify us if you know of any other potential donors that will contribute to this fun-filled event. Donations are tax deductible.

Dolphins Silent Auction - Friday, May 22

Pit Basket Assignments!

6 & under Boys: Summer fun! Water guns, pool noodles, etc.

6 & Under Girls: Princess/Fairy fun! Dress Up Shoes, Play Dresses, Tiara's, Jewelry

7 – 8 Boys: Legos/Bionicles Bonanza!

7 – 8 Girls: Disney Pop star Mania! Hannah Montana, Jonas Brothers, High School Musical, etc..... Posters, CD's, Blankets, Bean Bag Chair, Doll

9 – 10 Boys: Movie Night! Movie cards - Blockbuster/movie theater gift cards, popcorn, snacks, etc.

9 - 10 Girls: Pajama Party! Snacks, movies, nail polish, makeup, etc.

11 – 12 Boys: Family Game night! Board games, snacks, etc.

11 – 12 Girls: We all scream for ice cream! Bowls, scoopers, toppings, etc.

13 – 14 Boys: Let's go on a Road Trip! Car games, snacks, fast food gift cards, iTunes gift cards, movies

13 – 14 Girls: Beach Beauty Babes! Sunscreen, lip balm, flip flops, sunglasses, etc.

15 – 17 Boys/Girls: Swim meet survival! Anything you could need for a swim meet - sunscreen, snacks, magazines, playing cards, iTunes, cards, towel, etc.....



WOW!!!

We have a very special raffle item to be awarded at our practice meet!!

TOP CORNER UNIT IN VAIL RACQUET CLUB, EAST VAIL, COLORADO

CONTEMPORARY STYLE WITH GOURMET KITCHEN W/ SLAB GRANITE COUNTERTOPS, STAINLESS STEEL APPLAINCES, TWO BATHROOMS, LIVING/ DINING AREA, MASTER BEDROOM WITH QUEEN SIZE BED, SECOND BEDROOM WITH TWIN SIZE BEDS, LOFT WITH 2 TWIN BEDS, WOOD BURNING FIREPLACE.

ENJOY ALL THAT THE NEWLY RENOVATED VAIL RACQUET CLUB HAS TO OFFER; EXCELLENT LOCATION IN EAST VAIL, COMPLIMENTARY SHUTTLE BUS INTO VAIL VILLAGE...NEW SPA COMPLETE WITH EXERCISE ROOM, STATE OF THE ART GYM MACHINES, CLASSES, ENORMOUS SWIMMING POOL, HOT TUB AND SAUNA . THE EXCELLENT "BIGHORN BISTRO RESTAURANT" ON PREMISES FOR DINNER SERVICE.

THREE NIGHTS LODGING GOOD JUNE--AUGUST 2009 (VALUE \$735.00)

Raffle tickets will be \$5 each or 5 for \$20. Tickets will be sold the week of May 18th and at the practice meet. Minimum of 150 tickets must be sold for us to have the raffle.



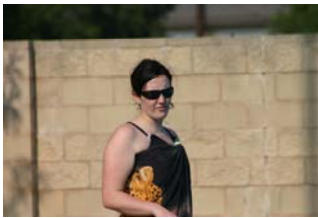
MEET YOUR 2009 DOLPHIN COACHES

In an effort for both new and returning swimmers to get to know the coaches who will be teaching them this year we will be spotlighting a few coaches each week, for the next few weeks



COACH ANDREW WELCH

My favorite food is steak. My favorite restaurant is La Margarita. My favorite color is blue. My favorite movie is Field of Dreams and my favorite book is Money Ball. My favorite superhero is Batman, my favorite princess is my Dog Daisy and my favorite athlete is Ian Kinsler of the Texas Rangers. I started swimming when I was 14. My favorite swimming event is the 200IM. What I like best about coaching is hanging out with the kids and helping them drop time. The best swimming advice that I have received and can pass on to young Dolphins is to compete against yourself. It does not matter what place you are, but whether you improve. Make regular goals, and work towards them. Where do I see myself 10 years from now? I wish I knew.



COACH CATHERINE DICAIRE

I was born in Montreal, Canada. I have lived in Texas for 10 years, I currently spend the majority of the year in Canada now, but I hope to return after my studies! I attend Concordia University in Montreal! Sushi has grown a lot on me! I love it!! I also LOVE Mexican food!! Mmmm. My favorite restaurant? Uhh...in Texas I love Mesa Rosa and Chuys, but in Canada I love Kanda (great Sushi place!) My favorite color is Pink!! All the way! It definitely is the prominent colour in my closet! My favorite movie? Hmm...this is a hard one...I love all different kinds of movies. My favorite book? Believe it or not, it's not Twilight, hehe. I haven't had a lot of chances to read a book for fun, I am usually reading big, boring textbooks. So I am going to have to go with Harry Potter...I know it's a little old now... My favorite superhero is either Batman or Spiderman...if I had to choose I guess Batman...lets face it he has a pretty cool car! My favorite princess? Oooo Belle!!! I love her!!! My favorite athlete? Uh oh...see in Canada we only get the news on hockey...and I don't know if anyone knows about the Montreal Canadiens...sooo I'm going to have to go with....I think my favorite athletes are my Dolphin swimmers! I swam for a good 8 or 9 years...cant really keep track, and I go swimming a couple of times a year now. My favorite swimming event was the 100 Butterfly! What I like best about coaching? The tan...HAHAHA, no not at all, I love the swimmers! I love the look on a swimmers face when he/she beat their goal for the season, whether it's beating a best/invitational qualifier time, or just making it across the pool in a new stroke. I think that is the most satisfying thing to see, and to be able to help them achieve that goal is the most rewarding experience and it is why I keep coming back all these years! Best swimming advice I can pass on is have fun! I hope every swimmers ultimate goal is to have a great time! You may have to work hard at times, but overall there should be a smile on your face more times than a frown! Where do you see yourself 10 years from now? Oh goodness, I believe my answer has varied on this questioned every year, ummm, honestly I have no idea. For location I may be anywhere in Canada or the States, I hope to be in Texas though. As for a profession...its up in the air, I either want to teach, or be an events coordinator, or work in public relations, or...as you can see...I have no idea yet.

Thank you to all our 2009 Sponsors!

Given the opportunity please be sure to stop by and thank our wonderful sponsors for supporting the Dolphins 2009 season!

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